

Your first club walk

A few practical notes before we meet at the trailhead.

01 Choose a comfortable route

Easy walks are up to 5 km, with regular pauses. Moderate walks include hills or uneven ground. Check each route description and ask the leader about access before booking.

02 Pack for changing weather

Bring water, a snack, a waterproof layer and footwear with grip. Carry any personal medication. A charged phone and a small daypack are useful. In cold weather add gloves and a warm layer.

03 Walk together

Arrive 10 minutes early and check in with the leader. A back marker stays with the last walker. Wait at junctions; tell the leader if you need to leave. Keep dogs on short leads near livestock.

04 Tell us what would help

Ask about pace, rest stops or step-free alternatives before the day. Children must be with a responsible adult. The leader may shorten or cancel a walk if conditions change.

SAMPLE CONTACT / walks@fern-footpath.example